**COHORT STATUS**

We communicate by mail or telephone with most of our study members or their families every year. We send questionnaires on aging and nutrition as well as requests for medical updates up to three times a year. Newly reported medical events prompt our contact with physicians or hospitals for details before coding and updating clinical files. We do not code “self-reports” of clinical events.

Incoming correspondence from our study members, their families, or their physicians prompts database updates including new addresses, contact dates, and health status. Consequently, our database is changing on a daily basis.

This section of the brochure is a report on the **status of our cohort after 65 years of follow-up to July 1, 2013**, noting that the day after printing the “status of our cohort” has likely already changed.

On July 1, 2013, from among the original cohort of 3,983 men, 3,554 had a confirmed date of death. Among the 429 men considered alive, we’ve heard from 268 (62%) during 2013.

These men reside in every province of Canada, with about 9% living in the USA or outside North America. Their mean age is 92.0 ± 3.2, ranging from 84 to 105 years.

- 99 (23%) are under 90 years
- 268 (62%) are 90 to 95 years of age
- 62 (15%) are over 95 years of age

**SPECIAL THANKS**

Enrolling a healthy young cohort, prospective documentation of disease, and monitoring disease prognosis, has been a remarkable feat made possible only through the tremendous support and dedication of the Study members.

The staff at the Manitoba Follow-up Study are proud of our opportunity to be a part of this worthwhile project. We cherish the privilege of interacting with the members. We salute them - they are the vital ingredients of this endeavor!

For more information:

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During World War II, Dr. Francis A. L. Mathewson served as a medical officer responsible for the physical examination of 7,000 young male air crew recruits for the Royal Canadian Air Force. The examination of these men included measurement of height, body weight, blood pressure, medical history of past illnesses and the recording of a resting electrocardiogram.

After the war, these men were sought out and invited to take part in a longitudinal study designed primarily to prospectively evaluate the prognostic significance of electrocardiographic changes as they would develop in an otherwise healthy individual. A cohort of 3,983 young men was sealed on July 1, 1948. The Manitoba Follow-up Study (MFUS) has been housed since its inception at the Medical College of the University of Manitoba.

The Manitoba Follow-up Study is certainly unique in the world due to its scope, duration and completeness of data. This attests to the remarkable interest and dedication of the members. From 1983 to 2000 the majority of the funds for the operation of the Study have come from the generous donations of the members. It is believed that this is the only Study in the world financed by the members who are being studied!

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Until recently, MFUS was funded by the Canadian Institutes of Health Research (CIHR) and Manitoba Health Research Council (MHRC). Now in its 67th year, MFUS continues to contribute to world knowledge in areas of cardiovascular epidemiology and aging research.